



Policies and Guidelines

Please take a moment to review the following office policies and guidelines. They are designed to facilitate our work together and allow as much time as possible to focus on you and your healthcare goals.

Confidentiality

Our sessions are held in strict confidence. A release form will be used to speak to other healthcare professionals or members of the treatment team.

Session Times

Initial and follow-up visits vary depending on your needs and progress.

Tardiness

If you arrive more than 15 minutes late to a scheduled appointment you are considered a no show and will be rescheduled for another time.

Rescheduling/Cancellations

If you decide to reschedule or cancel a session, please call 206-909-8022. All changes to scheduled appointments must be made at least 24 hours in advance of the scheduled session to avoid being charged for the session.

Communicating Between Sessions

We understand that change is difficult and a support team is crucial for your success. We are available via email or phone at any time. Phone consults longer than 15 minutes will be charged the standard fee, pro-rated. For emergencies, please dial 911.

Communicating with Physicians

We converse with as many of your other treating physicians as necessary, however any communication required beyond that of our standard care plan is subject to our regular charges.

Initial Appointment Preparation

- Go to www.rameynutrition.com for driving directions and free parking information
- Prepare to arrive 10 minutes before scheduled appointment
- Bring this letter signed and dated
- Bring Driver's License
- Insurance Card(s)
- Patient Intake Form
- Release of Information
- Any recent lab work that might be relevant to your session

We look forward to working with you in supporting you to achieve your goals.

Name Printed _____ Date _____

Signature (Self or Legal Gardian) _____ Date _____
